

Support Group Survey

Members of Redbird Resilient are considering organizing support groups in two categories.
Loudonville/Perrysville residents who,

- 1) would like to learn to support family members who have addiction or mental health issues, and/or
- 2) themselves need to develop healthy coping skills for their own mental health or addiction issues.

I AM INTERSTED IN BEING PART OF A SUPPORT GROUP FOR

**FAMILY OR FRIENDS WANTING TO LEARN HOW TO SUPPORT SOMEONE WITH
ADDICTION?**

___ Interested

Best time to meet ___ Evening ___ During the Day

MENTAL HEALTH CONCERNS?

___ Interested

Best time to meet: ___ Evening ___ During the Day

PERSONAL EXPERIENCE WITH ADDICTION OR EMOTIONAL CONCERNS

___ Interested

Best time to meet? ___ Evening ___ During the Day

Name _____

Address _____

Phone _____ Email _____

REDBIRD RESILIENT'S MISSION is Building Community Resilience to Strengthen Emotional Health and Reduce Addiction.

Redbird Resilient is not counseling. We do list mental health and addiction service providers as well as current support groups in Ashland County on our website at www.redbirdresilient.org

Please return this survey to:

Redbird Resilient
PO Box 55
Loudonville, OH 44842

Or you may email it to info@redbirdresilient.org